

## Welcome to postdoc life in Cambridge!

The Office of Postdoctoral Affairs (OPdA) is available to provide information and support as you settle into your new position and help you make the most of your time in the city.

## Important postdoc induction events

A number of **Getting Connected** events are held each year. These events are mandatory and provide invaluable information on how to navigate life as a researcher in Cambridge. Registration for these events is essential and includes refreshments. The following induction events are scheduled to take place during Michaelmas term (October-December):

- Getting Connect event for postdocs in Arts, Humanities and Social Sciences (AHSS)
  - Wednesday 14 October
  - 12:00pm to 2:30pm - Click [here](#) to book
  - Venue: CRASSH, Alison Richard Building
  
- Getting connected events for postdocs in Science, Technology, and Mathematics (STEMM)
  - Wednesday 21 October
  - 9:00am to 12:00pm session – click [here](#) to book
  - 2:00pm to 5:00pm session – click [here](#) to book
  - Venue: OPdA, 16 Mill Lane

## Getting in touch

The OPdA has a comprehensive web portal ([www.opda.cam.ac.uk](http://www.opda.cam.ac.uk)) covering relevant information to researchers, including college affiliation opportunities and training. Alternatively, you can call, email or come by and visit us in person. See the footer of this email for full contact details.

## Using the Postdoc Centre

The OPdA runs the Postdoc Centre, which is based in the basement of 16 Mill Lane ([www.opda.cam.ac.uk/aboutus](http://www.opda.cam.ac.uk/aboutus)). There are staff and volunteers on hand to help you with your queries or organise your induction so you can book any of the FREE rooms for your work-related activities or events ([www.opda.cam.ac.uk/postdoccentre/roombookings](http://www.opda.cam.ac.uk/postdoccentre/roombookings)). To give you an idea of some of the activities currently arranged here, please visit [www.opda.cam.ac.uk/postdoccentre/postdocevents](http://www.opda.cam.ac.uk/postdoccentre/postdocevents).

### **Career and personal development**

We work in partnership with Personal and Professional Development ([www.ppd.admin.cam.ac.uk/information-postdocsresearch-staff](http://www.ppd.admin.cam.ac.uk/information-postdocsresearch-staff)) and the Careers Service ([www.careers.cam.ac.uk/pdoc](http://www.careers.cam.ac.uk/pdoc)), do find out how they can help you with career progression and training by visiting their websites. You should also consider joining the Postdocs of Cambridge Society by visiting [www.pdoc.cam.ac.uk](http://www.pdoc.cam.ac.uk).

### **New to Cambridge?**

If you are new to the city, we have a page of useful and practical information so you can find out how to register with a doctor/dentist, how to open a bank account, and also about childcare and school information if you are here with your family. Please visit [www.opda.cam.ac.uk/newtocambridge/families](http://www.opda.cam.ac.uk/newtocambridge/families).

Wishing you a productive and happy time in Cambridge.

### **Professor Chris Abell**

Director of OPdA

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